

Cardinal Counseling Group

# Finding Strength in Brotherhood

A Men's Process Group

Discover strength through connection. Whether you're navigating challenges, seeking understanding, or looking to connect with others, this group provides a safe space for men ages 30-49 to be heard and supported. Let's tackle life's obstacles—together.

Led by Charlie Luther, LPC & Lydell Smith, APC

**March 10th, 2025**


**7:00 PM - 8:30 PM**

Group will run every  
other week.

**\$25/group**

The first meeting will be held virtually.


To join or learn more,  
please contact:

 **770-335-8081**

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 [CardinalCounselingGroup.com](http://CardinalCounselingGroup.com)

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